

Specialist Phone Helplines



Converge International understands that people face many challenges in their lives and that sometimes, these require specialised support. Your organisation offers specialist support through a range of specialist phone helplines. This is available during business hours and is in addition to your existing Employee Assistance Program services.

How do these services support you?

Our dedicated Specialist Helplines offer a streamlined intake to hand-chosen and credentialed consultants who have deep expertise, lived-experience or qualifications in each area of specialty. Detailed referral databases to local support organisations are available where required. Based on the needs of each caller, a sensitive support plan is put in place.

More information

You can find out more about our Specialist Phone Helplines:



convergeinternational.com.au



1300 our eap (1300 687 327)

Aged Care Support

1300 035 337

Access advice on aged care issues and referral to specialist resources, as well as emotional support when caring for family members or friends.

Disability and Carers

1300 243 543

Specialised advice on disability support, as well as emotional support around caring for family members or friends who live with disability.

Domestic and Family Violence

1300 338 465

Speak with a specialist and access counselling, referral and support around domestic and family violence.

First Nations

1300 287 432

Support around indigenous issues. We provide a safe space for you to talk to someone who can empathise with your issues and provide support.

LGBTQI+

1300 542 874

Speak with a specialist counsellor and access support across issues specific to Lesbian, Gay, Bisexual, Transgender, Intersex, Queer or Questioning people.

Spiritual and Pastoral Care

1300 772 435

Speak with a counsellor who will help you draw on spiritual resources suitable to your faith journey. Support across all major faith traditions and every major Christian denomination trained to integrate spirituality as an essential aspect of well-being.

Youth and Student

1300 687 399

Access age-sensitive support focusing on the emotional needs and psychological pressures many young Australians and students face in their daily lives.

CONTACT OR MORE INFORMATION

1300 687 327 (Aus) | 0800 666 367 (NZ) | +613 8620 5300 (Intl)

convergeinternational.com.au | eap@convergeintl.com.au



Youth and Student Helpline

1300 687 399

Converge International understands that people face many challenges in their lives and that sometimes, these require specialised support. We believe the counsellors providing this support should be specialists with specific social or cultural experience, knowledge and understanding of the issues and challenges impacting young people.

CONTACT OR MORE INFORMATION

1300 687 327 (Aus) | 0800 666 367 (NZ) | +613 8620 5300 (Intl)

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Your organisation offers specialised support to a range of helplines to streamline the process of accessing support that is sensitised to your context and needs.

YOUTH AND STUDENT HELPLINE

We recognise that there are many pressures on young people today. Whether they are in the senior years of their schooling, or commenced tertiary studies, or out in the world working toward building a fulfilling life, we know it can be tough sometimes. This is why we've set up a brand new helpline specifically targeting young people, staffed by young people who want to make a positive difference.

HOW DO THESE SERVICES SUPPORT YOU?

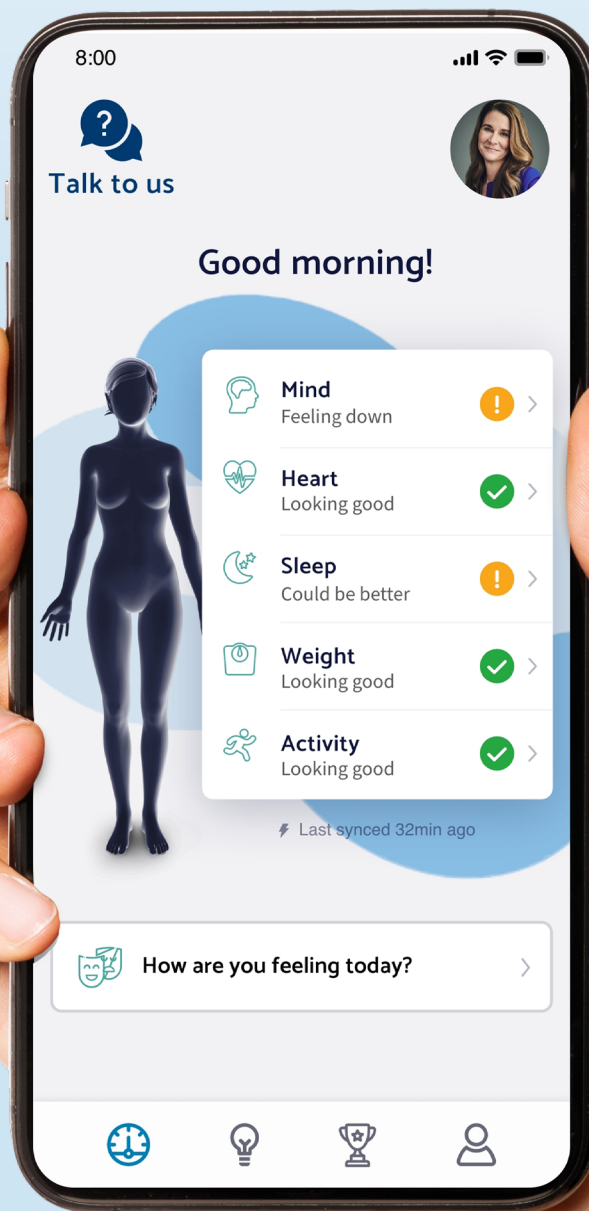
When you call one of our specialist helpline services during business hours, we make an appointment for you to speak with an independent, experienced and supportive counsellor. They can also help you access additional support through referrals to external services, specialised information and resources. Even though they are intentionally a young counselling team, they have the full backing of our large senior team of counsellors and mental health experts that can help out at a moment's notice.

Learn more about the most
important person in your life:

You!

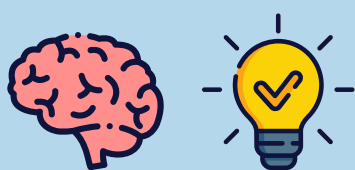


**What's your app
going to say about
you?** Connect your
smart watch and see
your own dashboard.



**Check in on your
mood.** In love? Angry
with the neighbour?

**Get personalised
tips.** We use data
and science to make
recommendations.
Science doesn't have
to be boring.



Let's chat.
We offer free, private
and confidential
consulting sessions.



Download the
Converge App

Search 'Converge International' in
the app store or scan the QR code



Organisation Code



Converge
INTERNATIONAL

Converge App

Let us guide you through the steps:



STEP 1

Get your code

Enter the organisation code at the bottom of this poster when you sign up to the Converge App to get your free access.



STEP 2

Download the Converge App in your app store

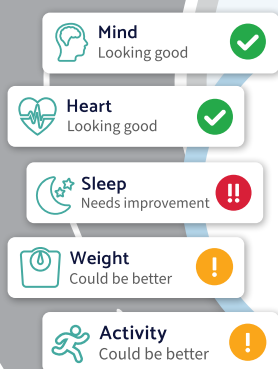
Scan the QR code or search for 'Converge International' in your app store.



STEP 3

Let the watch do the job!

Sync your smart watch, fitness tracker or phone with the app. The app is compatible with most devices (Fitbit, Garmin, Apple and more).



STEP 4

Reveal your human dashboard

Mind, Heart, Sleep, Weight, and Activity.



STEP 5

Let the fun begin!

Enrol in challenges and have fun while you develop healthy habits.



Download the Converge App

Search 'Converge International' in the app store or scan the QR code



Organisation Code

