



# SPECIALIST CERTIFICATE IN COACHING FEMALE ATHLETES ONLINE



## Overview

With the introduction of AFLW the interest in coaching female athletes has significantly increased across the AFL system and beyond. This online course aims to provide coaches with a greater understanding and insights about how to effectively coach female athletes to maximise both their development, and performance. The course is presented by industry experts who will share their experiences in maximising female athlete performance and developing a winning team culture. Topics will include:

- ♦ How to Maximise Female Athlete Performance
- ♦ Challenges in Coaching Female Athletes
- ♦ Building a Successful Team Culture
- ♦ Work/Life Balance and the Female Athlete

## Keynote Presenters\*



### LISA ALEXANDER

Head Coach  
Samsung Diamonds  
2011—2020



### MELISSA BARBIERI

Matildas Captain  
and Goal Keeper  
2002-2015



### PAUL GROVES

Head Coach AFLW  
Western Bulldogs  
2017



### PETA SEARLE

Assistant Midfield Coach  
St Kilda Football Club  
2017

## Date and Location

This course is run completely online. There are recordings of the Keynote Presentations from the original face-to-face course and the course includes all activities and resources. Participants will have access to the Online Portal for 10 days after being enrolled and receiving their login information. Participants can access the portal at any time during this time. Once completed you will receive a Certificate of Completion unique to your login details.

## Cost and Conditions

\$280 plus GST. Price includes access for 10 days to a fully online course, including recordings of the Keynote Presentations. Participants need to be 18 years of age. Payment is made via PayPal or Credit Card.

## Enrolment and Payment

Visit <https://bit.ly/3dGHaj8> or scan the QR code on your smartphone to enrol and pay

