



# SPECIALIST CERTIFICATE ATHLETE WELLBEING & DEVELOPMENT



## Overview

The Specialist Certificate in Athlete Wellbeing and Development is a broad ranging 1 day course introducing participants to the complexities of managing the wellbeing and development of professional athletes. Participants will get to hear first hand from experts across a range of professional sports about what they do to assist their athletes, the challenges they encounter and the processes and procedures they have put in place to ensure the athletes they look after are able to develop their full potential.

## Date and Location

**Date:** Thursday December 5<sup>th</sup> 2019 9am – 4.30pm

AFL SportsReady Education Complex, Victoria Park, Cnr Lulie and Abbot Streets, ABBOTSFORD VICTORIA 3067

## Keynote Presenters\*

\*presenters are subject to change

### BRIAN PHELAN & PETER ROBINSON

Player Development Managers  
Melbourne Storm

Brian Phelan and Peter Robinson the Player Development Managers from the Melbourne Storm. They have been working with Melbourne Storm senior players along with the U/20s and U18s teams for over 10 years and bring with them a wealth of knowledge and experiences which they will share with participants.



### CAITLIN THWAITES

Netball Player  
Samsung Australian Diamonds

An Elite Netballer who could have easily fallen out of the system due to Mental health issues. Caitlin will give an insight into her first hand experiences and the welfare support that Netball has in place.



### BEN MABON

Player Development Manger  
Cricket Australia

Ben Mabon is a Player Development Manager with Cricket Australia based in Tasmania. Ben will give participants and insight into his role and particularly the challenges of dealing with athletes based across a range of locations and how he connects with them to ensure they thrive and develop as elite cricketers.



### JAMIE MACMILLAN

AFL Player  
North Melbourne FC

Jamie MacMillan is an AFL Player with North Melbourne Football Club who has a strong interest in maximising the welfare and development of athletes. Jamie will give participants an athletes perspective on what they need to be supported to achieve their best.



## Cost and Conditions

Price is \$800 plus GST for non AFLCA members—\$700 plus GST for AFLCA Associate Members or \$600 plus GST for AFLCA Members.

Price includes resources, lunch, refreshments and a certificate.

Participants may withdraw up to two (2) weeks before course commencement without incurring a financial penalty.

Refunds will not be given at all after this point, including after the course has commenced.

A minimum of 15 participants is required for each course. Participants need to be 18 years of age.



## Enrolment

Scan the QR code with your smart phone or visit <https://bit.ly/2Hi7MCD> to complete and submit our online enrolment form.

Scan me