



SPECIALIST CERTIFICATE IN COACHING FEMALE ATHLETES



ONLINE COURSE FOR AFLCA INTERSTATE MEMBERS ONLY

Overview

With the introduction of AFLW the interest in coaching female athletes has significantly increased across the AFL system and beyond. This 1 day course aims to provide coaches with a greater understanding and insights about how to effectively coach female athletes to maximise both their development, and performance. The course will be presented by industry experts who will share their experiences in maximising female athlete performance and developing a winning team culture. Topics will include:

- ♦ How to Maximise Female Athlete Performance
- ♦ Building a Successful Team Culture
- ♦ Challenges in Coaching Female Athletes
- ♦ Work/Life Balance and the Female Athlete

Keynote Presenters*



LISA ALEXANDER
Head Coach
Samsung Diamonds
2011—current



MELISSA BARBIERI
Matildas Captain
and Goal Keeper
2002-2015



PAUL GROVES
Head Coach AFLW
Western Bulldogs
2017



PETA SEARLE
Assistant Midfield Coach
St Kilda Football Club
2017

Date and Location

This course will run completely online. There will be recordings of the Keynote Presentations from the face-to-face course and activities and resources available in the Online Portal.

Participants will have access to the Online Portal for one week in January 2018 (Dates to be confirmed).

Participants can access the portal at any time during this week.

Cost and Conditions

\$500 plus GST. Price includes access for 1 week to a fully online course, including recordings of the Keynote Presentations.. Participants may withdraw up to four (4) weeks before course commencement without incurring a financial penalty. Refunds will not be given at all after this point. A minimum of 15 participants is required for each course. Participants need to be 18 years of age. * Presenters are subject to change.



Expression of Interest

Scan the QR code with your smart phone to complete and submit our online EOI form.



Visit <http://bit.ly/2r82eyY> to complete and submit our online EOI form.